



ARMY MEDICINE | DPA SENDS

August 12, 2021

WHAT YOU NEED TO KNOW

1. The Army Surgeon General, LTG R. Scott Dingle, "TSG SENDS: COVID-19 and Army Medicine" messages from this week are included for your awareness. Please read!

- **TSG SENDS - COVID-19 and Army Medicine 83 (August 5, 2021)**

COVID-19 Information:

- Army Medicine COVID-19 Hotline: **1-800-984-8523** or **DSN 312-421-3700**
- Army: www.army.mil/coronavirus
- APHC: <https://phc.amedd.army.mil/topics/campaigns/covid19>
- CDC Web Page: www.cdc.gov/coronavirus/2019-ncov/index.html
- DoD Web Page: www.defense.gov/Explore/Spotlight/Coronavirus
- Health.mil Web Page: <https://health.mil/News/In-the-Spotlight/Coronavirus>
- TRICARE Web Page: <https://tricare.mil/coronavirus>

Army Medicine STRATEGIC VISION

AUGUST OBSERVANCES

[Immunization & Influenza Month](#)

[Antiterrorism Month](#)

[Performance Triad Month](#)

[Coast Guard Birthday](#) - Aug 4

[Purple Heart Day](#) - Aug 7

[Department of Defense Birthday](#) - Aug 10

[Women's Equality Day](#) - Aug 26

UPCOMING EVENTS

1. **BG Paula C. Lodi MEDCOM South Virtual Town Hall August 12, 1:00 CDT**

Join ZoomGov Meeting: <https://www.zoomgov.com/j/1614682633?pwd=YU1qMVhFb0hkby9WK3l1OUxBSzF3dz09>

Meeting ID: 161 468 2633 Passcode: 170504

NEW!

ARMY MEDICINE WEEK IN REVIEW

ARTICLES

1. Battlebuddies: Brightening People's Day one paw at a time (August 11) www.dvidshub.net/news/402839/battlebuddies-brightening-peoples-day-one-paw-time
2. The U.S. Army War College Breaks New Ground in Hybrid Education (August 10) www.dvidshub.net/news/402774/us-army-war-college-breaks-new-ground-hybrid-education
3. ScriptCenter: Prescriptions at your Fingertips (August 10) www.dvidshub.net/news/402620/scriptcenter-prescriptions-your-fingertips
4. MEDCoE's Stimson Library in a Time of COVID (August 10) www.army.mil/article/249261/medcoes_stimson_library_in_a_time_of_covid
5. Army Artist Unveils New COVID-19 Artwork (August 9) www.army.mil/article/249228/army_artist_unveils_new_covid_19_artwork
6. CRDAMC Family Readiness Group helps the unit give back (August 6) www.dvidshub.net/news/402690/crdamc-family-readiness-group-helps-unit-give-back
7. Weed ACH hosts back-to-school physicals (August 4) www.dvidshub.net/news/402433/weed-ach-hosts-back-school-physicals

VIDEOS

1. Happy Lactation Awareness Month (August 1) www.dvidshub.net/video/808987/happy-lactation-awareness-month

Resilient Leader Webinar

8/13/2021 13:30 EDT



**Presented by Dr. Victor Marx
For MEDCOM Spouses**

[Click here to join](#)



The Surgeon General and Commanding General, United States Army Medical Command (USA MEDCOM), requests the pleasure of your participation in the USA MEDCOM Resilient Leader Webinar. This month, Dr. Victor Marx is presenting "Resilience", occurring for the USA MEDCOM Spouses on Friday, 13th of August at 1330 EDT. (please plan to connect to the meeting link 10-mins prior to the starting time). This live stream supports The Surgeon General's Line of Effort 2, "Readiness". Please save the date and join together for a time of community building.

"How resilient are you? No matter where you would rank yourself on a resilience scale, every one of us can always improve. Resilience is not the absence of challenges but pushing through them. Life will always present challenges, Dr. Victor Marx, a trauma survivor, warrior, and inspirational speaker will help us build resilience to meet those challenges. Please tune in for 'Resilience' on 13th of August for the next iteration of the Resilient Leader Webinar."

To view the invitation for this virtual event, please click the link below.

<https://einvitations.afit.edu/inv/index.cfm?i=611045&k=046043097F52>

To attend the live stream for this virtual event, please choose one of the channels below. If you are unable to click on the link, please copy and paste the address into your web browser. If the link is not working, try another browser or turn off your VPN.

Meeting Link(Fully can access the PPT slide): <https://join.freeconferencecall.com/taegonlee>

Conference Call(No visual aid and limited participation): Dial-in number: (425) 436-6369 Access code: 4655724

Contact Information

If you have any issues viewing this invitation, please contact Mr. Taegon Jay Lee at (708) 833-2115 or taegon.lee.ctr@mail.mil

MEDCOM Spouse / Family Programs point of contact is Ms. Patty Centeno at (210) 466-5968 or patricia.a.centeno.civ@mail.mil

MEDCOM Resilient Leader Series point of contact is COL (CH) Ron Cooper at (210) 466-5991 or ronald.e.cooper10.mil@mail.mil

NEW!

Resilient Leader Webinar

8/19/2021 13:30 EDT

RESILIENCE

Presented by Dr. Victor Marx
For Army Medicine Personnel

[Click here to join](#)

MEDCOM Resilient Leader Webinar

The Surgeon General and Commanding General, United States Army Medical Command (USA MEDCOM), requests the pleasure of your participation in the USA Resilient Leader Webinar. This month, Dr. Victor Marx is presenting "Resilience", for Army Medicine Personnel on Thursday, 19th of August at 1330 EDT. (please plan to connect to the meeting link 10-mins prior to the starting time). This live stream supports The Surgeon General's Line of Effort 2, "Readiness". Please save the date and join together for a time of community building.

"How resilient are you? No matter where you would rank yourself on a resilience scale, every one of us can always improve. Resilience is not the absence of challenges but pushing through them. Life will always present challenges, Dr. Victor Marx, a trauma survivor, warrior, and inspirational speaker will help us build resilience to meet those challenges. Please tune in for 'Resilience' on 19th of August for the next iteration of the Resilient Leader Webinar."

To view the invitation for this virtual event, please click the link below:

<https://einvitations.afit.edu/inv/anim.cfm?i=611044&k=046043097F53>

If you are having difficulty locating the above invitation, please copy and paste this address into your web browser:

<https://www.zoomgov.com/j/1618776892?pwd=ZnIFUkhNWG5iTGdMWk9FTlI2b1Q4QT09>

Meeting ID: 161 877 6892 Passcode: RLW

Once you open up the ZoomGov, Click "Launch Meeting" and "Join from Your Browser".

Important: Some versions of Internet Explorer, Safari and Edge may not recognize the certificates for government sites; they will display a message with a certificate error that does not recommend that you proceed to the site. Please know that this is a safe and secure government website, and you can confidently proceed to the site even though you may receive this error message.

If you have any issues viewing this invitation, please contact Mr. Taegon Jay Lee at (708) 833-2115 or taegon.lee.ctr@mail.mil
MEDCOM Resilient Leader Series point of contact is COL (CH) Ron Cooper at (210) 466-5991 or ronald.e.cooper10.mil@mail.mil

Army Medicine Family,

Please join me in congratulating COL E. Darrin Cox who will be joining the general officer ranks next week. Darrin has been a huge asset to Army Medicine, and I know he will serve the Army and Army Medicine even better at the next level of Army leadership.

You are cordially invited to view the virtual promotion ceremony to brigadier general for COL Cox on Monday, Aug. 9, at 0930 ET. The following is the DVIDS Webcast Link to this livestream event: www.dvidshub.net/webcast/26772.

Let's also commend the winners of the MEDCOM Best Leader Competition, hosted July 25-30, 2021, at Schofield Barracks, Hawaii. Representing Regional Health Command-Pacific, the winning team is CPT Jason Christman, 1SG Amy E. Davis, SSG Israel R. Rivera and SPC Jarrett P. Rodriguez. Rodriguez won the title MEDCOM Soldier of the Year; he will advance to compete to maintain Army Medicine's crown as Army Soldier of the Year in the U.S. Army Best Warrior Competition this fall. Also advancing to the Best Warrior Competition is MEDCOM NCO of the Year, SSG James Gabison, representing Regional Health Command-Europe.

CSM Hough and I also acknowledge the team from Regional Health Command-Central, which was the 2021 runner-up. To all who participated in the Best Leader Competition, you are all winners. I have said it before, but I want to take this moment to say it again: "The best leaders for the Army are Soldier-Medics."

For more information on the Best Leader Competition, visit the Army Medicine Facebook page at: www.facebook.com/officialArmyMedicine. More footage of the competition can be viewed on the following DVIDS link: <https://www.dvidshub.net/feature/ArmyMedicineBestLeaderCompetition>.

Let me extend my thanks and congratulations to COL Myron McDaniels and COL Brian Spangler. COL Spangler took over from COL McDaniels as the Troop Commander in a ceremony on August 5. I thank COL McDaniels for a job well done. And I welcome COL Spangler to OTSG.

There are some interim public health recommendations for people fully vaccinated against the COVID-19 virus. Updated recommendations have been prepared because of the recent increase in cases from the Delta variant and new evidence on the Delta variant's transmissibility. See the CDC's guidance at: www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html

MEDCOM continues its trend of meeting environmental goals and achieving environmental excellence. Thirty MTFs on Army installations earned the 2021 Practice Greenhealth Environmental Excellence Award. The 2021 Environmental Excellence Award process was significantly modified to accommodate the stress the healthcare industry was under from the COVID-19 pandemic. In addition, MEDCOM headquarters earned the System for Change Award for the fourth year in a row. I congratulate all of our MTFs for achieving environmental goals and receiving this well-deserved recognition.

In the employee spotlight today, we highlight the efforts of SSG Yvonne S. Brown who supports the Transition Branch under MEDCOM G-1.

Employee Spotlight: SSG Yvonne S. Brown



Since February 2019, SSG Yvonne Brown has served as a Human Resources NCO for the Soldier Transition Branch, which is part of the Warrior Care and Transition Program under MEDCOM G-1. She is currently responsible for helping Soldiers in their efforts to seek the medical care necessary to either return to duty or pursue a different career path. She enjoys her work but admits she may be biased in her view of the organization.

"The Soldier Transition Branch is great. I really enjoy this assignment because I get to help provide care to those needing it. Being on this assignment allows me

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to appreciate the people whom I come in contact with and remember those whom I will never see again,” said Brown, noting she was selected for this assignment by her previous NCOIC.

Brown has consistently performed at a high level throughout her career and she continues to exhibit true professionalism in the fulfillment of her assigned duties. Although she started her career with Army Medicine in 2009, she has served on various other assignments, which include supporting Human Resources Command; assisting Soldiers on the “medical side” at Medical Readiness and Training Command as a 42A (human resources specialist); and later joining a civil affairs battalion to prepare to deploy to Afghanistan.

In 2011, after leaving the Civil Affairs unit, Brown returned to Army Medicine to support the 7306 Medical Exercise Support Battalion. There, she started out as analyst support for her unit’s Global Medic exercise, which offered a platform for the Army and Air Force to share lines of duty and showcase their medical capabilities in a wartime or peacetime scenario.

This assignment motivated Brown to switch her MOS to 68G (patient administrator specialist).

“I go where the Army tells me to go,” said the Phoenix, Arizona, native, laughing at how her life and Army career has taken such turns.

“Coming out of high school, my initial goal was to go to college and study something in science. I wasn’t sure which study I would choose, just knew I loved school and learning. But I’m a military brat, and the military got in the way,” Brown said. “Now, my future goals are to finish college and get a degree in business and maybe psychology without any more debt and use my military experience to help further my career.”

Brown looks forward to enjoying an even brighter future after the military. She extends her sincere thanks and gratitude to her family for all the support they’ve provided her.

“My family is everything,” she said. “They consist of Army and Air Force veterans and medical personnel. They help me considerably by being great role models and keeping me informed of what is current in the civilian world on the medical side.”

“I believe in taking care of myself, she said. “I can’t help anybody if I don’t look out for my own well-being first.”

Brown said she loves the impact she has on the Soldier Transition Branch. She enjoys helping Soldiers in their recovery, and she tries to stay active and maintain a healthy lifestyle as well.

“MEDCOM is definitely a special place,” Brown said. “It feels like I’m always working, but when I’m away from the job, I’m either chilling with friends and family; traveling off to the next city, state or country; or attending social events and games. I do a little bit of everything, from karaoke to eating to working out so I can eat more. Sometimes, I’m a social butterfly. Other times, I’ll be reading books or watching horror movies. Never a dull moment.”

Team, I am pleased to see all the wonderful things you and your teammates are doing in support of our Army Medicine mission. Keep up the good work! CSM Hough and I look forward to seeing you as we continue to travel around the MEDCOM.

Stay safe, and always remember...

Army Medicine is Army Strong!

TSG 45

VR
R. SCOTT DINGLE
Lieutenant General, U.S. Army
The Surgeon General and
Commanding General,
USAMEDCOM

Useful links:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html>

<https://www.armyemergencyrelief.org/covid19>

www.militaryonesource.mil/coronavirus

www.coronavirus.gov

www.cdc.gov/coronavirus

www.usa.gov/coronavirus

Chaplain Resilience Video:

www.facebook.com/ArmyChaplainCorps/videos/2679539028980334